1. Rename the folder xampp/mysql/data to xampp/mysql/data\_old (you can use any name)
2. Create a new folder xampp/mysql/data
3. Copy the content that resides in xampp/mysql/backup to the new xampp/mysql/data folder
4. Copy all your database folders that are in mysql/data\_old to mysql/data (except mysql, performance\_schema, and phpmyadmin folders from data\_old)
5. Now copy the ibdata1 file from xampp/mysql/data\_old and replace it inside xampp/mysql/data folder
6. You can start MySQL again from control panel now

skip-grant-tables